









# Reach-Benefit-Empower-Transform (RBET) Framework

Recognizing women as a disadvantaged group, this framework asks project designers to consider whether their aim is to:

- Reach women, such as by including them in program activities;
- Benefit women, by improving their circumstances in some way;
- **Empower** women, strengthening their ability to make and put into action strategic life choices.
- Transform gender relations within and outside the household, such as by changing attitudes at the community level.

Distinguishing between these different goals is important because the strategies and indicators that correspond to each goal will vary.







## **Applying the Framework**

#### **REACH**

#### **BENEFIT**

### **EMPOWER**

**OBJECTIVE** 

 Deliver agricultural extension services to women  Increase women's well-being  Increase women's agency over production and nutrition decisions

**STRATEGIES** 

- Provide transportation
- Conduct training during convenient times of the day
- Consider women's preferences and constraints in design and content of training
- Enhance women's decisionmaking power in households and communities, especially on which crops to grow

**INDICATORS** 

- Proportion of women attending training, receiving extension advice
- Sex-disaggregated data for land use, yields, income, consumption, nutrition, time use, etc.
- Decisionmaking power over production, income, food consumption
- Reduction of gender-based violence, time burden











## **Transforming Gender Norms and Relations**

Gender norms

Rules of behaviour in a given society/community that condition which activities, roles and responsibilities are perceived as male or female. Vary according to place, time, age, class

The ways men and women share or compete for resources, bargain and have power over each other. They arise from the roles men and women are expected to play and their interactions.

Gender relations











### **Gender Transformative Approaches**



Deep understanding of gender dynamics and social inequalities and how these affect livelihoods and landscape mgmt



Critical awareness of gender roles and norms



Challenging oppressive norms and behaviors, as well as the distribution of resources and allocation of duties



Involving men & boys to encourage collaboration and discourage conflict



Increasing women's bargaining power

Institutions, policies, regulations

Organizations: NGOs, private sector

Communities

Hiouseholds

Individual women and men













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